

OFFICIAL
COMPETITOR'S
GUIDE AND
REGULATIONS
2022





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Foreword

Competitors must be fully aware of the length and specificity of the race in which they are interested in participating, as well as to have developed before the race, a real capacity for personal autonomy in the mountains that allows managing the situations inherent to this type of race, depending on the distance in which they have registered, mainly:

- To know **how to cope with weather conditions** due to altitude (night, wind, heat, cold, fog, rain) without external help.
- To know **how to manage**, even in isolation, physical or mental problems generated by fatigue, digestive problems, muscle or joint pain, injuries, etc.
- To be fully **aware** that it is not the Organization's role to help a runner manage their situations or problems.
- To be fully **aware** that for such an activity in the mountains, safety depends primarily on the ability of the runner to **adapt to problems**, foreseeable or not.
- To **inform and raise awareness** among their companions about respect for places, people, cleanliness of the mountain, as well as the full **compliance with the rules of the race**.

Definition of the race

The **Ultra Coahuila** is an endurance race on foot, with freedom of pace, which takes place in the mountains of Arteaga, Coahuila, at an altitude between 8,478 and 11,417 feet. It is based in one of the most beautiful mountainous areas of Mexico, so the route of the race takes place through several spectacular landscapes. Throughout the route the competitors will run along dirt roads, especially through forests and mountains. **There are six distance modes to compete in: 163, 100, 83, 50, 30 and 12 kilometers.**





Requirements for all participants

In order to participate in the Ultra Coahuila, **in any of its 6 distances**, the requirements are as follows:

- 1. TO READ THESE REGULATIONS** in order to know and accept the conditions contained in them. By registering you are accepting the terms.
- To be a man or woman **over 18 years old** on the day of the race. Exceptions are: the **Backyard** mode; the **12K** distance, for which the **minimum age will be 14 years old** on the day of the race; and the **30K** distance for which the teenager can be over 15 and under 18, but must be accompanied 100% of the route with a parent, guardian or **responsible** adult.
- 3. To be perfectly informed about the altimetry in the ULTRA COAHUILA and to have the necessary and basic knowledge to deal with it.** Having the necessary equipment, physical and mental preparation to complete the distance, knowing the maps of the route, the geography of the area, as well as the weather that prevails at the time of the year in which the event takes place.
- To fulfill and complete the registration procedure **correctly**.
- 5. To fill out, sign and upload the waiver, as well as the medical certificate** for physical fitness and optimal health to participate in a race with these characteristics.
- To have good conduct before, during and after the event. The Patronato Ultra Coahuila, A.C. (Ultra Coahuila Board), organizer of the event, reserves the right to exclude the person whose conduct obstructs the management and good development of the organization, as well as making exceptions to admissions. In the cases of expulsion referred to in this point, **the registration fee will not be reimbursed to the expelled participant**.

Mandatory material for competitors of all distances

	163K	100K	83K	50K	30K	12K
Hydration backpack	✓	✓	✓	✓	✓	✓
Front light	✓	✓	✓	✓	✗	✗
Rear light, red or amber	✓	✓	✓	✓	✗	✗
Whistle	✓	✓	✓	✓	✓	✗
Mobile phone	✓	✓	✓	✓	✓	✗
Thermal blanket	✓	✓	✓	✓	✓	✗
Competitor's bib	✓	✓	✓	✓	✓	✓
Electronic timing chip	✓	✓	✓	✓	✓	✓
Reusable cup and spoon	✓	✓	✓	✓	✓	✗
Hooded raincoat (Wind breakers are not allowed)	✓	✓	✓	✓	✓	✓
2 gels & 2 carbohydrate bars	✓	✓	✓	✓	✓	✗
Analgesics	✓	✓	✓	✓	✓	✓



Requirements and documents for all distances

	163K	100K	83K	50K	30K	12K
Waiver and declaration of honor	✓	✓	✓	✓	✓	✓
Medical Certificate	✓	✓	✓	✓	✓	✓
Electrocardiogram and interpretation	✓	✓	✓	✓	✗	✗
Minimum one previous race of:	100K	80K	50K	30K	20K	N/A



Optional material, recommended for all distances



Long sleeve **thermal shirt**.



Thermal sleeves or something to cover from the sun.



Gels or **special food** of your choice.



Cap.



Sunglasses.



Poles for sloping mountain areas.



Sunscreen.



Electrolytes or mineral salts.



Mini medicine kit.



Utility knife.



ULTRA KIDS

2K y 4K

ULTRA KIDS is a recreational race in which its intention is to integrate pre-adolescent children and boys into the world of trail running, providing an experience very similar to what ULTRA COAHUILA is, and in which their children (as) or family members will have an unforgettable experience among nature and in one of the most beautiful places in the American continent.

The ages to participate are from 6 to 13 years old, being able to choose regardless of age the distance to participate, either 2K or 4K.

The type of terrain and route is on land and between the forest. The entire route is perfectly marked and cared for by the ULTRA COAHUILA staff, and there is no risk of loss, however, a person of legal age can accompany the child or boy during the entire journey. career. There is no extra registration fee for the adult who is an accompanying person. Sorry, pets are prohibited on the way.



The delivery of packages and numbers will be at the place of the event at the times established in the program. You do not need additional equipment such as a hydration backpack or any other item, however you can use them.

All participants will receive a medal, as well as their commemorative garment of the event.

We will be ready to serve your children and family!

***If the child is 14 years old, they will have the option of entering the ULTRA KIDS at the desired distance, or the 12K race held on Sunday June 26, 2022. If they choose to run the 12K distance they must always be accompanied, throughout the journey, by an adult.**





Penalty in the case of **not having** your mandatory equipment

If you do not have the complete mandatory material, you **CANNOT START THE COMPETITION** under any exception. In the event that the competitor starts the race **without all the mandatory material**, or that during the race you dispose of anything that is **not consumable** like analgesics, gels, or thermal blanket, **you will be disqualified.**

In the event that during the race the competitor is caught **without their full mandatory equipment**, the judges will take note of his/her number to notify the judges at the finish line. The same will happen if upon reaching the finish line a judge asks for your backpack to verify your mandatory equipment. The consequence of **missing any item of the mandatory equipment will be disqualification**, and you will lose all rights for prizes or trophies, also **YOU WILL NOT HAVE THE RIGHT TO YOUR ITRA POINTS. You will not lose** your right to **obtain the medal** and it will be delivered without any problem, however you will be entitled to the aforementioned consequences of **disqualification.**



Registrations, participant changes and cancellations:

The **Ultra Coahuila Garmin** will have **2,540 slots** to participate in, divided as follows:

163K	_____	40 SLOTS
100K	_____	200 SLOTS
83K	_____	200 SLOTS
50K	_____	700 SLOTS
30K	_____	700 SLOTS
12K	_____	700 SLOTS

The Organization of the event reserves the right to **increase** or **reduce** the **number of slots** for safety reasons and/or the proper development of the event.

CANCELLATIONS AND PARTICIPANT CHANGES

Registration cancellations, or non-participation for any reason by any participant enrolled in Ultra Coahuila **will be non-refundable and can only be transferable in the same distance mode.** **Change of folio, registration or name are not allowed to another distance mode. Any competitor that participates with another person's folio will run as disqualified, as it could create confusion regarding the prizes because of category or gender differences.**



PROCEDURE TO CHANGE THE **FOLIO NAME** PERMITTED ONLY IN THE SAME DISTANCE MODE

The person who will use a different person's folio should show up personally at the clarification module the day of the race bib pick-up with the following:

- 1 The printed folio of the person who registered.
- 2 A photocopy of the official identification of the original holder of the folio.
- 3 A letter where the original holder of the folio transfers its rights to the person who will use the folio.
- 4 The official identification of the person who will use the folio.
- 5 The physical documents necessary to participate in the registered distance, which will be the **waiver, the medical certificate and the electrocardiogram if applicable**. Please review the additional requirements section of each distance.
- 6 **\$250 pesos for payment to the insurance company** for the change of name of the insured person.

According to the abovementioned, **changing the participant's name for the same distance, will cost \$250 pesos**. The cost for this procedure is to cover the insurance company with the amount charged for the change of name of the insured person. **The Organization does not charge for this service**. In the event that the Organization suspends the event for lack of safety guarantees for the competitors, **the registrations will not be refundable**.



Waiver (declaration of honor), medical certificate and electrocardiogram:

The medical certificate form and the waiver **must be downloaded from the official ULTRA COAHUILA website**. All documents, including the electrocardiogram with its interpretation (where applicable), **must be uploaded no more than 30 days prior to the race** on the same official website, onto your runner's profile. Once the documents have been uploaded and reviewed by ULTRA COAHUILA's medical staff, **an email will be sent to you (the participant) stating that you have successfully met the documentation requirements**. You will show this email, printed or on your mobile phone, in the corresponding modules on the day of the race bib pick-up. **The documents mentioned will not be accepted or taken into account if sent by email or physically presented when collecting your competitor's number. For the safety of the participants, those who do not comply with any of the aforementioned requirements may not participate in the ULTRA COAHUILA, no exceptions will be made.** The waiver (declaration of honor), as well as the medical certificate of physical fitness, **disclaim all responsibility to the Organizing Board regarding an accident during the event**. However, each participant has **personal accident insurance** for any contingency.



Registration cost

163K	—————	\$2,850.00 pesos
100K	—————	\$1,950.00 pesos
83K	—————	\$1,750.00 pesos
50K	—————	\$1,500.00 pesos
30K	—————	\$980.00 pesos
12K	—————	\$750.00 pesos
Ultra Kids	—————	\$350.00 pesos



For charitable reasons, ULTRA COAHUILA has alliances with altruistic organizations. Competitors may acquire their folio with cause to contribute resources to the exemplary actions of these organizations. Competitors with cause will receive a different shirt than the rest of the competitors, as well as their special bib of another color, so they can be identified as runners with cause for which they are helping a special situation of need. **Check out the different altruistic organizations on the official website** of ULTRA COAHUILA that will be benefiting from your help.

Registration cost with cause

163K	————	\$3,450.00 pesos
100K	————	\$2,550.00 pesos
83K	————	\$2,350.00 pesos
50K	————	\$2,100.00 pesos
30K	————	\$1,580.00 pesos
12K	————	\$1,350.00 pesos

Registration with and without cause includes:

- Competitor's number.
- Participation medal.
- Supply posts with hydration and food.
- Medical assistance and ambulances.
- Competitor's personal accident insurance for the duration of the race.
- Chip and electronic timing service.
- Complimentary garment.
- Judges.
- Support staff.
- Location's rent.
- Route marking.
- Furniture rental.
- Payments for legal permits and certifications.
- Execution and development of the event.





Competitor number and electronic chip

The participant will be obliged to carry, in a visible place and on the front, the competitor's number (race bib) throughout the competition. Likewise, all participants are obliged to carry and use their chip at all times during the competition, unless they are disqualified, or have abandoned the competition, in which case the chip will be removed by the organizers, doctors, judges or staff. Each number will be personal, so the registered competitor may not assign the rights or transfer it to a third person during the competition, which will result in disqualification.

If a participant runs with the number and chip of a different person, they will run disqualified, but they still have the right to their participation medal.

Race bib pick-up, which includes the competitor's number and chip, will take place on the date and time described in the program published on the official website of the event www.ultracoahuila.com.



Pick-up of competitor's number by a person different than the holder

In the event that the person holding the number cannot attend the race bib pick-up, their number may be given to a different person as long as they present the following:

- A** Photocopy of the **official identification** of the number's holder.
- B** The **holder's original** registration folio.
- C** The **email** of the Organization in which the documents uploaded onto his/her runner's profile were accepted. (See section on additional competitor requirements).
- D** **Authorization letter** by the holder stating that a different person is **authorized** to pick up their package.

About the route

Route

Each participant must follow the **marked route** and its **signaling** at all times, being obliged to pass through each and every checkpoint and supply post. Each checkpoint will have judges and some posts will have **electronic mats, antennas or scanners** for runners' registration.

Established controls

In addition to the **established controls** indicated on the official website, the Organization may place mobile controls for tracking or equipment revision anywhere on the route without prior notification, either with personnel or antennas.

Each participant is obliged to respond to the requests and questions of any of the judges, paramedics, personnel at the supply posts and/or organizers in any part of the route.





Checkpoints

There will be a certain closing time at **each checkpoint**, and it is an **essential requirement** to pass before closing time in order to continue with the race. Closing times are published along with the route on the official website, as well as in these regulations in the **"TIME LIMIT AND PARTIAL CUTS"** section. **In case that a participant does not pass through a checkpoint at the established closing time, he/she will have his/her electronic chip removed and will not be able to continue in the race. If the competitor does not cooperate by voluntarily submitting the chip, the judge, paramedic, or any person from the staff, will take note of the number and he/she will be disqualified upon reaching the finish line or after, when the report has been received. IF THE PARTICIPANT WANTS TO CONTINUE WITH THE RACE IGNORING THE JUDGE'S OR STAFF'S RECOMMENDATIONS, IT WILL BE UNDER THEIR OWN RISK AND RESPONSIBILITY, HOLDING THE ORGANIZATION HARMLESS FROM ANY LIABILITY IN THE EVENT THAT AN ACCIDENT OCCURS OR THE PERSON GETS LOST.**

Supply

Each supply post will be restricted and exclusive to competitors. Every **supply** post will have **hydrating liquids**, and in some others there will be food, medical service, toilets and judges according to the mileage where it is located. Some only have liquid and others will have all the **aforementioned services**. Please review on the official website the **checkpoints** with **hydration only** and those with hydration and food. In order to use the services at the supply posts, it will be essential to carry the competitor's number in a visible place and on the front.

Recovery area

Upon reaching the finish line, each participant will have access to a **recovery area with** supplies for their recovery.



Assistance and support for competitors from people outside of the organization

ULTRA COAHUILA allows **the assistance and support for competitors from people outside the Organization** as long as it complies with the guidelines of cleanliness in the mountains, order and ethics. A competitor may agree with friends or family to assist them at some points of the course as long as these points are **authorized** and that they do not obstruct part of the track or the visibility of any marking.

In case of non-compliance with any of the aforementioned issues, the assisted competitor will be **disqualified**. An **external person** can assist a runner; however, they cannot accompany the competitor running, much less use the supplies at the supply posts.





Time limit and partial cuts (checkpoints)

There are **time cuts** at some checkpoints in which there are judges monitoring that competitors comply with the times established to cross each of them. **Not all supply posts are checkpoints.** The cutting times, as well as the location of the checkpoints, are referred to on the official website and in this guide. It is the competitor's responsibility to **check the location of the checkpoints by reviewing the routes on the Ultra Coahuila website.** For the ULTRA COAHUILA, the partial cuts and time limits to finish each race according to its distance will be the following:

163K

Time limit: 35 hours

Partial cuts:

- 8 hours to km 37
- 14 hours to km 62
- 20 hours to km 90
- 22 hours to km 100
- 24 hours to km 112
- 30 hours to km 130
- 32 hours to Km 142
- 35 hours to the finish line

100K

Time limit: 22 hours

Partial cuts:

- 8 hours to km 37
- 14 hours to km 62
- 20 hours to km 90
- 22 hours to the finish line



83K

Time limit: 18 hours

Partial cuts:

10 hours to km 45

16 hours to km 73

18 hours to the finish line

50K

Time limit: 13 hours

Partial cuts:

3 hours to km 12

10 hours to km 41

13 hours to the finish line

30K

Time limit: 7 hours

Partial cuts:

3 hours to km 12

7 hours to the finish line

12K

Without time limit





Abandonment Procedures

- A** Runners **may abandon their race at any time** or place where they are at. It is the responsibility of each runner to return to the finish line area and notify a judge or someone at the control table that they did not comply with the complete course and that they have abandoned the competition.
- B** Anyone who abandons **may request their participation medal**, however, their results will appear as DNF (DID NOT FINISH) and they will not be entitled to ITRA points.
- C** In the event that a runner **cannot reach a checkpoint for help on their own foot**, they must remain within the track so that other runners can see them and can help them reach a checkpoint or the finish line and they can communicate with a relative who can assist them.
- D** In case the **weather conditions are unfavorable**, for instance, electric storms, the Organizers will have the power to stop competitors at a checkpoint to **keep them safe**.



Special needs bag

Each runner in the **163, 100 and 83K** modes will receive a bag, along with their number and their participant package, in which they can put material they consider they might need in the competition. The special needs bag is **optional** for the competitor, and in case they choose to use it, they will be collected one day before the competition in a special module. The deadline to deliver them will be **Friday, 21:00** hours, before the competition. The Organization is **not responsible** for damage or theft of the material introduced into the special needs bags and **THEY WILL NOT BE RETURNED TO THE COMPETITOR WHEN THE RACE HAS FINISHED**, however they will be transported carefully and responsibly by the Organization to the delivery point.

Some things that can be put into **special needs bags** are:

- A pair of dry socks
- Vaseline
- Gels or special foods
- Medicines
- Special liquids
- Sunscreen

The Organization **will not verify** that the bag is tightly closed or the type of material that was put inside it, therefore the Organization will not respond to claims for loss or damage of the material contained in the bags. For this reason, it is recommended that the material introduced in the special needs bag is **not fragile nor valuable**. The bags that remain in the supply post where they were delivered will be **discarded** by the Organizers, so there is no doubt that **THEY WILL NOT BE RETURNED TO THE COMPETITOR AND THEY WILL BE DISPOSED OF IMMEDIATELY**. No claim resulting of not reading the present regulations will proceed.



Safety

Each participant will be **responsible** for the possible unforeseen events that occur during their journey that can reduce their running pace, such as injuries, adapting to weather, stomach disorders, exhaustion, disorientation, fatigue, etc.

The Organization will have **paramedics** at some checkpoints and at the finish line. (Check for checkpoints where medical service is available). The Organization will pay special attention and will hold the **participants' safety** as a priority, whether it is an accident or contingency, or for any lost participants. However, each participant is **responsible** for their physical **integrity** and for getting to a supply post to report their health status.

Due to the nature of the race, the Organization **is not obliged** to take responsibility for any health issue or participants getting lost.



Safety and medical assistance

The main focus in Ultra Coahuila is the **safety of the competitor**, therefore each and every one of the runners will be taken care of, protecting their **physical integrity** and **health**, as well as preventing them from **getting lost** in the area. There will be **some supply posts** along the different routes with qualified **paramedics** to treat any injury or health contingency, and if necessary, ask for ambulance support. **Medical services** will be distributed among the different checkpoints and supply posts so **runners may request their help or medical assistance** if they think they need it.

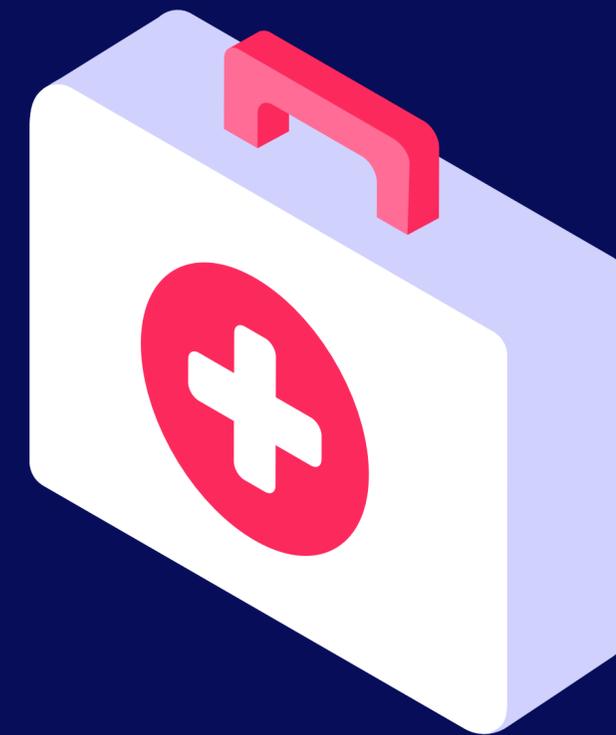
At some points along the routes, **random or general medical examinations** may be carried out. **Refusing** to have an examination made, **disrespecting** a paramedic or any other offense will cause **disqualification**, since paramedics have the capacity to report any issues with a runner by means of their competitor number and **disqualify them**. **Paramedics also have the capacity to stop competitors and not let them continue if they consider that they are at risk or that their health is in danger.**

The Organization will **never question the decisions of the paramedics regarding stopping and/or suspending** a runner for health reasons, since the main concern for the organizers of the Ultra Coahuila is **the safety of the competitors**. **Notwithstanding the foregoing, the competitor must be aware that it is not the Organization's role to address the participants' health problems or any medical issue that may arise.**

Emergencies on the route

All runners are obliged to help any other participant who is in need, within their own abilities and knowledge. To avoid helping a fellow runner would imply committing a serious offense in accordance with these regulations, therefore such omission will result in disqualification of the competitor who fails to assist a fellow competitor.

In the event that the competitor who needs help does not want the assistance of a fellow competitor, the participant who wishes to assist him/her but is not allowed to, will not be disqualified, as long as the person in need manifests explicitly that they do not wish to be assisted.



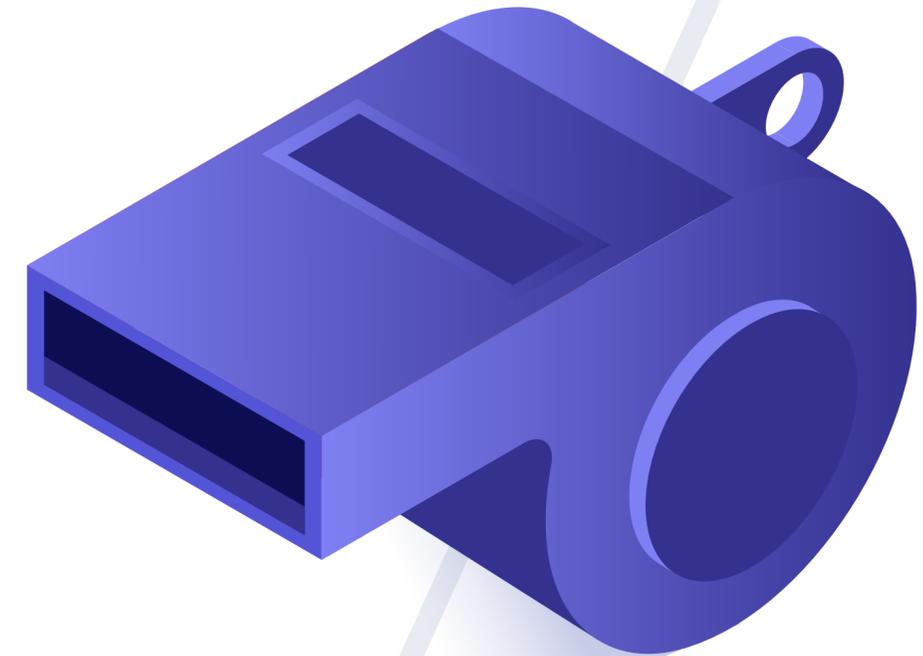
In the event that a runner or partner cannot reach a checkpoint or supply post because of physical health issues or injury, the following instructions should be followed:

1 If there is signal in your mobile phone:

- Call any other competitor, family member, friend, or acquaintance to notify your location and the kind of help you need.

2 If there is no signal in your mobile phone:

- Use the whistle to be heard by other people.
- Never step out of the route, as it would make the search more complicated.
- Use the thermal blanket for protection.
- Give another competitor a relative's phone number so they can communicate and ask for help to assist you.

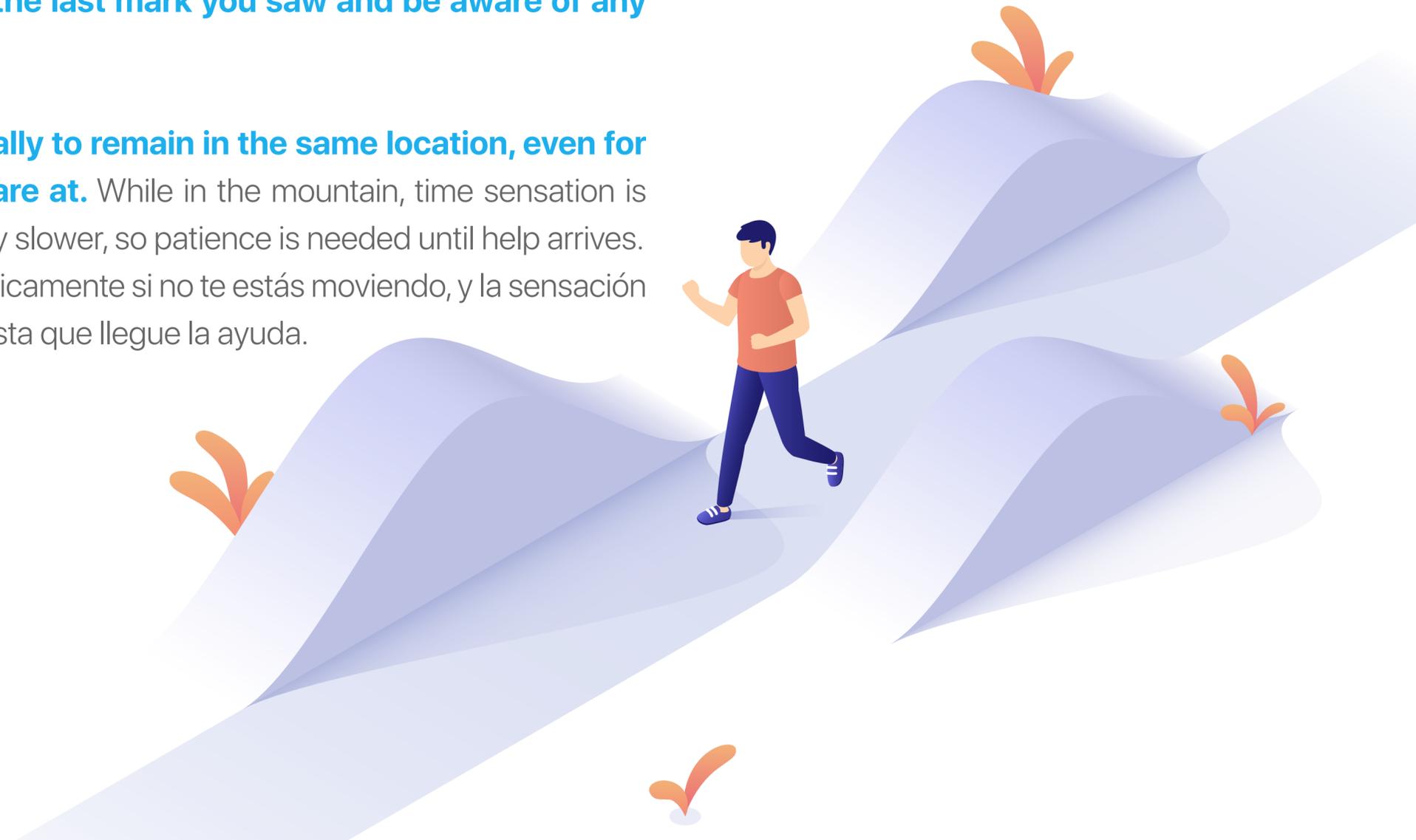


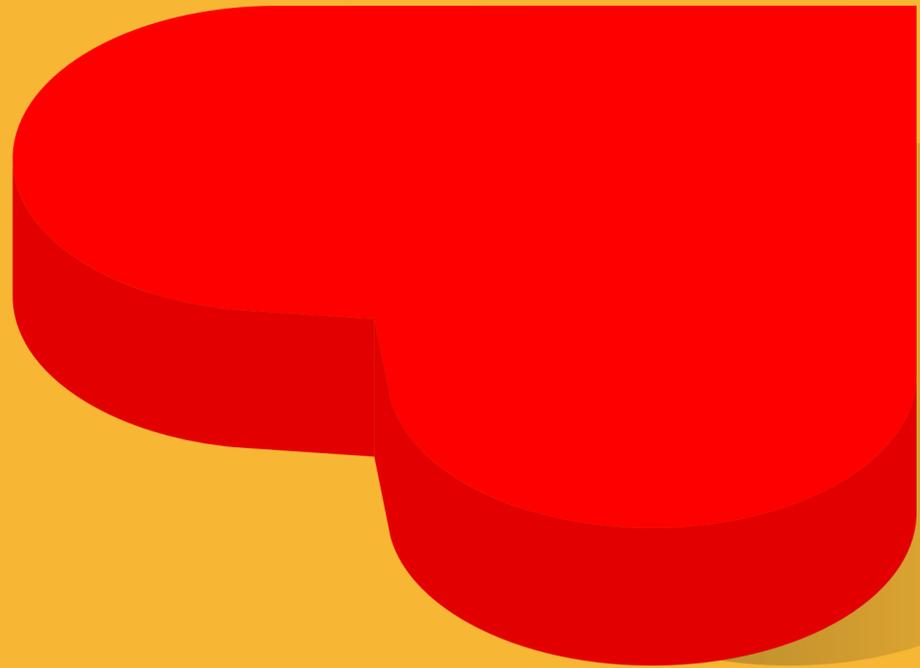


65% of the route in its 163, 100, 83, 50, 30 and 12K modes can be accessed in an all-terrain vehicle, so in terms of time, a runner that needs to be rescued can be very reachable. **We remind you never to leave the route.**

In case of getting lost, consider that you shall never pass more than 500 meters without seeing any signaling of the route, so all you have to do is return to the last mark you saw and be aware of any mark that you might have skipped.

In case of injury, you will have to prepare yourself mentally to remain in the same location, even for hours, depending on the place of the route where you are at. While in the mountain, time sensation is drastically modified if you are not moving, it seems time goes by slower, so patience is needed until help arrives. entro de la montaña el sentimiento del tiempo se modifica drásticamente si no te estás moviendo, y la sensación del tiempo pasa más lenta, por lo que se necesita paciencia hasta que llegue la ayuda.





Personal accident insurance

Just by registering to the race, **each competitor** is granted **personal accident insurance during the ULTRA COAHUILA race**. The insurance company and/or the Organization will take care of transportation in ambulance if needed, as well as of everything necessary to minimize the risk of each participant.



Compulsory resting electrocardiogram for distances of **163, 100, 83 and 50K**; medical certificate for all distance modes:

In addition to the personal accident insurance that the Organization grants when enrolling, and to further **minimize the risk for competitors regarding their health**, it is **mandatory** for the **163, 100, 83 and 50K** distance modes to have a **resting electrocardiogram**, performed no more than 30 days prior to the event, in whose interpretation the Doctor does not find any health impediment to participate in the race. **It is the competitor's obligation** to inform the doctor who performs the electrocardiogram of the nature of the race in which they will participate. The intention of the electrocardiogram request is to **take care of competitors' health**.

It is not necessary nor is it an indispensable requirement for participation, to perform a stress test along with the electrocardiogram, however, if for their own safety competitors wish to perform it, it is each competitor's decision, especially those over 45 years of age.

All competitors in all distance modes **are required to download the medical certificate form from the official website**, which they must take to their Doctor to fill out and give them their approval to **participate in the Ultra Coahuila**.



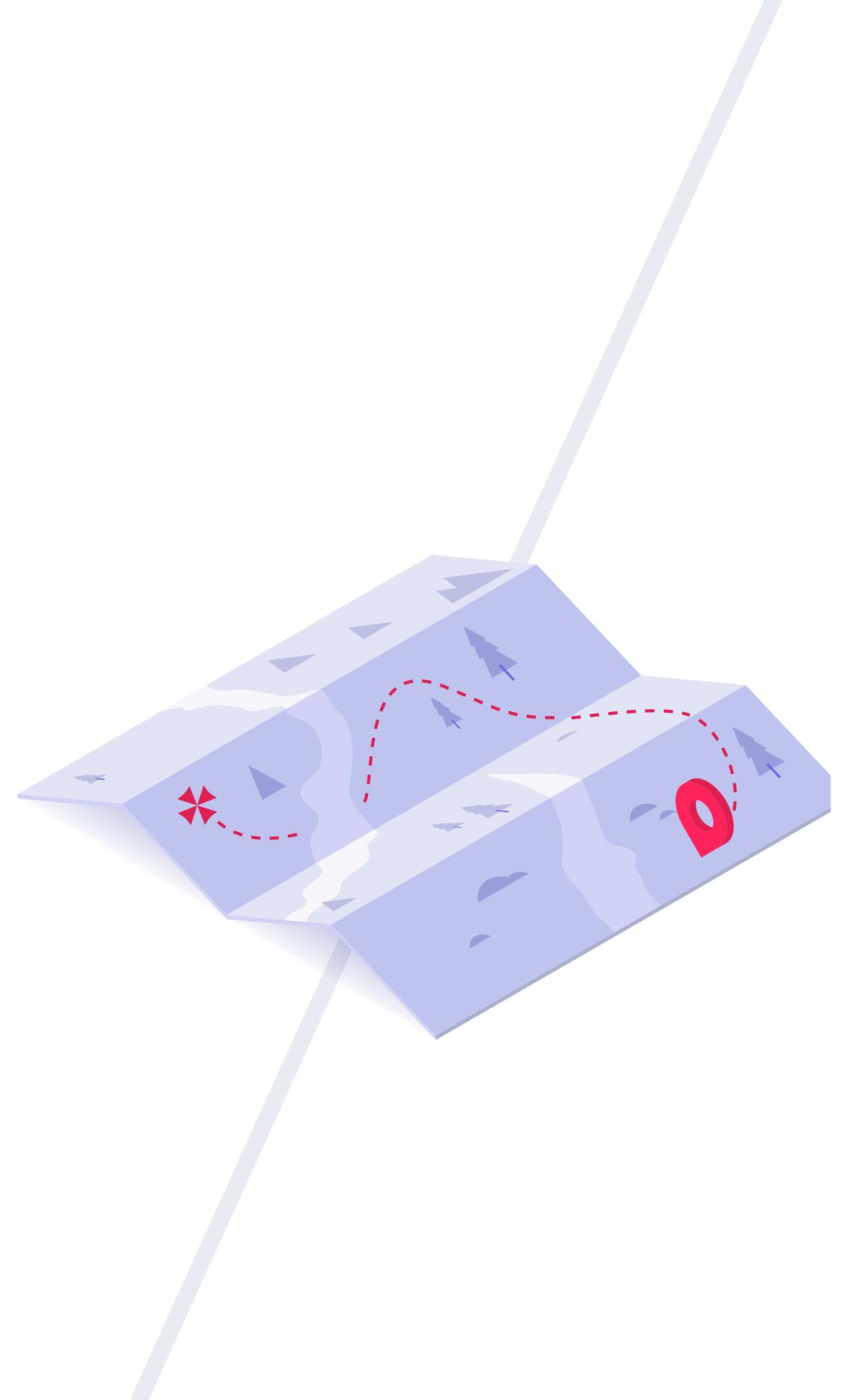
***There will be no exception regarding the lack of electrocardiogram or medical certificate signed by the Doctor of your choice. In the absence of such documents, the competitor will not be allowed to participate in the ULTRA COAHUILA, without exception and without reimbursement of their registration.**

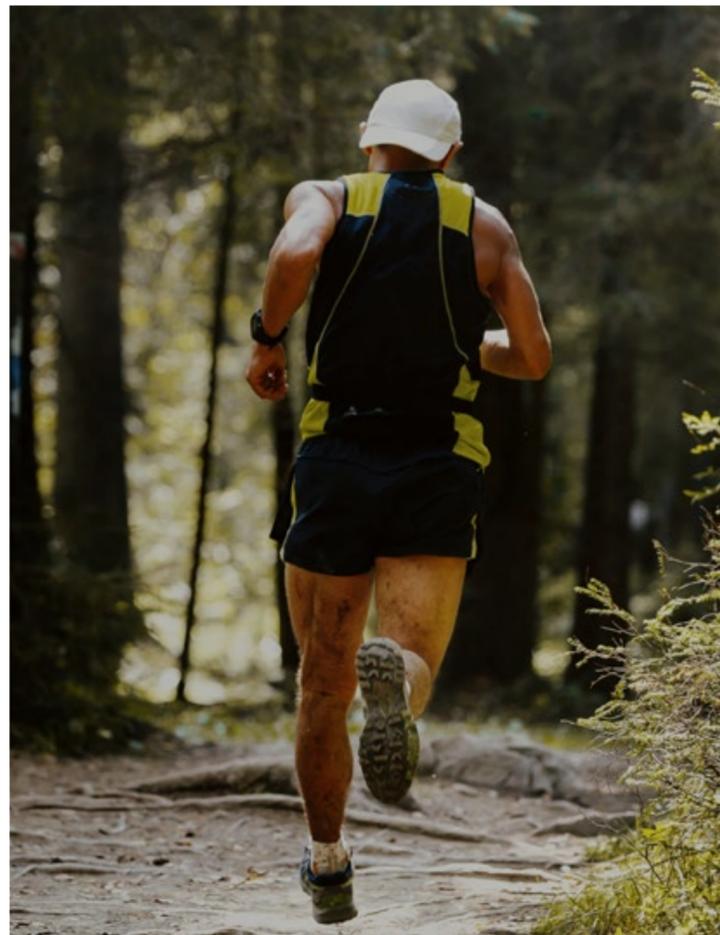
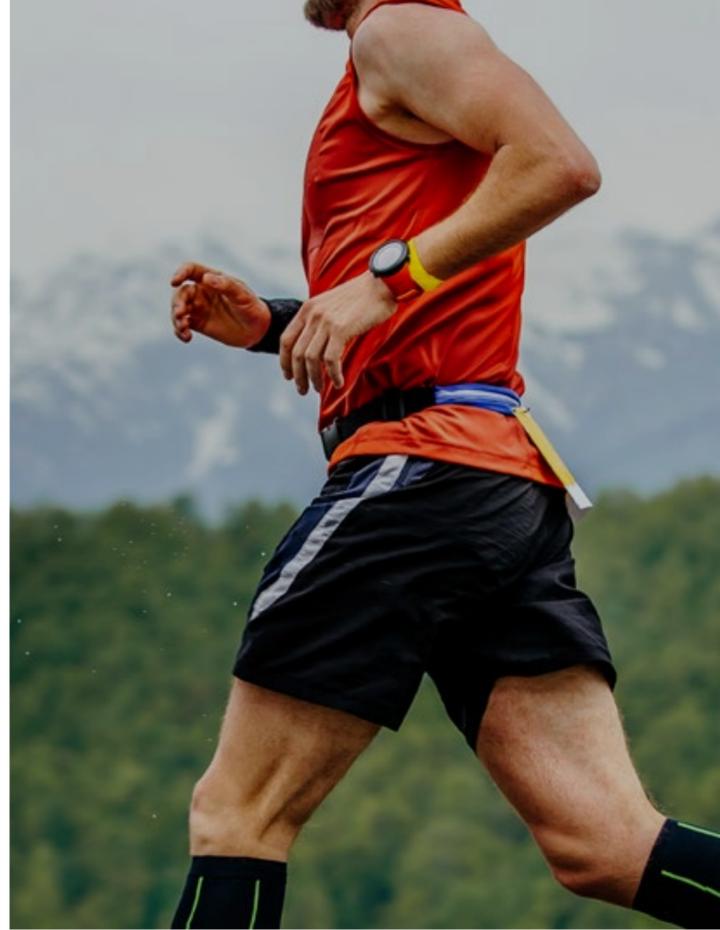
In the event that the doctor of your choice who fills out the medical certificate form, or the doctor who interprets the electrocardiogram, for medical reasons does not authorize or recommend that the competitor participates in the Ultra Coahuila race, and the competitor already had registered for the event, **the organizing Board will not reimburse the registration fee, but it will allow another person to use it, as long as the competitor's substitute presents their own medical certificate and/or electrocardiogram** as appropriate, and accepts and complies with each and every one of the terms of these regulations. The competitor's number that was not allowed to compete by their Doctor may only change in name, but not distance mode.



Supply posts and checkpoints

- Each supply station will have hydration. Other strategic points will have hydration and food. The food will be comprised of fruit with natural sugar such as oranges and bananas, as well as food that provides energy and carbohydrates.
- **It is the competitor's responsibility to study the route, as they must measure their physical ability to move from one supply post to another, in addition to planning the filling of their bag for liquids inside their hydration pack.**
- The competitor must avoid venturing to continue from one supply post to another if they do not yet know the distance to travel and the type of altimetry, or if they lack physical or mental capacity to achieve it.
- Review the hydration points and the distances between each of them on the official website www.ultracoahuila.com
- Along the route and at the supply posts, glasses and containers are not permitted, therefore each participant is obliged to bring their own glass, spoon and/or plate to stock-up on liquid and food in each supply post. **Please review the "MANDATORY MATERIAL" section.**





Route modification, cutting times at checkpoints or suspension of the event

- In the event that the weather conditions are not favorable and threaten the safety of the competitors, or for any other reason that the organizers consider it to be safer or optimal for the runners' experience, the route may be modified with prior notice or not, as well as the cutting times at checkpoints, which may be increased. Also, in case of a major contingency, the event may be suspended in order to protect the physical integrity of the competitors.
- In case of suspension due to safety reasons, registration will not be refundable. In case of postponing the date of the event there will be no refund of the registration, but your place will be kept for the date set for the competition.
- In case the suspension of the event takes place after the competitors have departed no refund will be made.

Decisions taken over any of the previous assumptions will be announced at the latest in the mandatory meeting (briefing) that will take place before each departure.

For more information on the activity program for Friday 25th, Saturday 26th and Sunday June 27th, 2021, please visit the official website of the event www.ultracoahuila.com.

The route may be modified by the Organization in the event that it has any deterioration that puts at risk the safety of the participants. In case of modification, the participant must only follow the established marks to follow the route.

Waste management

The participant who throws garbage in any part of the route or outside the containers destined for such effects, will be disqualified and will not be allowed to participate in future editions.

Nor can any liquid container be taken from the supply posts, and it is mandatory to carry their own throughout the competition.



Penalties and claims

The penalties described below will be applied at the place at which the offense is committed. The people authorized to sanction may be the organizers, staff responsible for checkpoints, paramedics and judges.

There will be no appeal against any penalty, therefore there will be no formal claims. The determination of the people empowered to penalize will be unappealable.

FAULT	PENALTY
Failure to help another person	Disqualification and prohibition to participate in future editions
Abandonment without notifying the organizers	Disqualification and prohibition to participate in future editions
Transferring the number (race bib) or chip to another person to run instead of the original competitor	Disqualification and prohibition to participate in future editions for both people
Unsportsmanlike conduct	Disqualification
Disobedience	Disqualification
Lack of mandatory equipment or refusal for inspection	Disqualification
Refusal for medical examination	Disqualification
Skipping a checkpoint	Disqualification
Boarding an unauthorized vehicle	Disqualification
Leaving the original route to take a short-cut	Disqualification
Not having the competitor number in sight	Disqualification
Throwing trash	Disqualification and prohibition to participate in future editions.



Categories and prizes

163K, 100K & 83K

The first 3 men and the first 3 women of each distance mode in general are rewarded.

50K, 30K & 12K

The following categories will exist for both men and women, in which each of the first 3 places **will be awarded a trophy**:

- 14 to 17 years (only applicable in 12K)
- 18 to 29 years
- 30 to 39 years
- 40 to 49 years
- 50 to 59 years
- 60 and older

ULTRA KIDS

Each participant will receive a medal. Due to the recreational nature of the event, there will be no awarding of trophies.

*All competitors who start will receive their participation medal at the end.



Image rights

Upon registration, **participants authorize the Ultra Coahuila Organization to freely use photo or video images in which they appear.** This is without time or place limitation as associated with participation in this event. **Besides, it is strictly forbidden to profit from the ULTRA COAHUILA brand.**

Legal disclaimer to judicial bodies

Upon registration, the competitor waives any legal complaint or lawsuit against the Organization for any cause considered.

Modification on the regulations

Modifications to the regulations will be duly communicated through the official website of the Ultra Coahuila and in its various social media profiles such as Facebook and Instagram if they occur prior to the event.

In case such modification to the regulations occurs during the competition, it will be communicated through staff and judges. Completion of registration implies the recognition and acceptance of these regulations.